



Appreciate Your Child - April 2013

(April is Child Abuse Prevention Month)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. Say to your child, "I Love You".	2. Read with your child for 15 minutes.	3. Make up a play and act it out (try using your child's favorite book or character).	4. Praise them today for everything good they do.	5. Eat at your child's favorite restaurant or prepare your child's favorite meal.	6. Go to a local hardware or scrap store and build something together.
7. Make little pizzas together. (Recipe on back.)	8. Watch a cartoon together.	9. Make Phone Cups. (Instructions on back).	10. Bake cookies with your child.	11. Ask your child, "Who is your best friend and why?"	12. Make up a story and have your child draw pictures for that story.	13. Play a board game with your child.
14. Tell your child what makes him or her special to you.	15. Make a song up with your child and sing it.	16. Go to the library, look at books, and choose one to read with your child.	17. Ask your child, "What day of the week is your favorite and why?"	18. Do a puzzle together.	19. Take your child to a playground or nearby park.	20. Buy or make little objects, hide them before your child gets up in the morning and have a treasure hunt.
21. Ask your child, "Tell me one thing you wish for and why?"	22. Give your child five hugs today.	23. Talk about what your child likes to do at school or daycare and why.	24. Let your child set the table for dinner.	25. Make a tent in the living room with blankets and pillows.	26. Watch the sun go down together and wish upon the first star.	27. Ask your child, "What is your favorite color and why?"
28. Make your child breakfast in bed.	29. Make a necklace with uncooked pasta that can be threaded.	30. Go for a walk outside together.	Say to your child, "I Love You" every day!			

Day 7, Pizza Recipe: Ingredients:

English Muffins or Mini Pizza Crusts

Shredded Mozzarella

Pizza Toppings (pineapple, pepperoni, sausage)

Pizza Sauce

Instructions:

Give each child a piece of wax paper.

Put all ingredients in separate bowls

let your child put their own ingredients on the muffins starting with the pizza sauce

Bake and serve

Day 9, **Instructions for phone cups:**

Take two cups, paper or plastic. Punch a small hole in the bottom of each cup and push a 15 foot string through the holes. Then tie a large knot at each end of the string. Then stretch the string out and begin talking into the cups. Have a phone conversation with your child. (Throw away after done with this activity due to strangulation hazard.)